



## SUNSMART POLICY

### Purpose

Our SunSmart Policy has been developed to ensure that all students attending this school receive education about and protection from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year but with particular emphasis in Terms 1 and 4.

### Guidelines

1. Sun protection is used from the beginning of September until the end of April when the UV Index rating is three or above.
2. Sun protection measures are not taken from May to August unless the UV index rating reaches three or above.
3. All students and staff will use a combination of sun protection measures including wearing broad-brimmed or legionnaire hats and suitable clothing for outdoor activities. These activities may include P.E, Sport, excursions, swimming, camps, recess and lunchtimes during Terms 1 and 4. Particular care will be taken between 11am and 3pm (daylight saving time)
4. Use of sunglasses will be encouraged.
5. Students will be assisted to be responsible for their own sun protection. SPF 30+ broad spectrum water resistant sunscreen is available for staff and student use and should be applied at least twenty minutes before going outdoors and should be reapplied every two hours if outdoors. Staff will remind students to apply sunscreen.
6. Parents/carers of students with allergies are encouraged to provide sunscreen for their children.
7. Activities which raise awareness of the damage ultra violet rays cause will form an integral part of the Health and Physical Education Program within the school from Prep- Year 6.
8. Students will be encouraged to maintain a healthy balance between too little and too much ultraviolet (UV) radiation from the sun.
9. Students not wearing hats may be excluded from active participation in outdoor learning programs and will be restricted to playing in designated shade areas during recess and lunch breaks.
10. Staff, parents and visitors will be encouraged to act as good role models by practising SunSmart behaviours.
11. School Council will work towards increasing the number of shelters and trees so as to provide shade in the school grounds. Shade provision is considered in plans for future buildings and grounds.
12. All students will be encouraged to make the best possible use of shade areas.
13. Outdoor activities will be held in areas of shade whenever possible, especially during peak UV periods.
14. Our SunSmart policy is considered when planning all outdoor events e.g. camps, excursions and sporting events. Where possible, we will have outdoor activities or events earlier in the morning or later in the afternoon, or use indoor venues. The availability of shade is considered when planning excursions or outdoor activities.
15. Sun Smart behaviour is regularly reinforced and promoted to the whole school community via the website, newsletter and mentioned at assemblies.
16. On days of extreme heat, at the discretion of the Principal, students may remain inside during breaks.

**Ratified by Council - 2016**

**Review Date - 2020**

